



Welcome to the River Lakes Figure Skating Club 2023/2024 Season!

This marks the River Lakes Figure Skating Club's (RLFSC) 26th year in operation and we are looking forward to another great year of skating!

Director – Anne Kaluza (320) 260-0085 kaluzas@midco.net
Coaches' Chair – Mindy Bell (612) 807-2313 mindybell31@hotmail.com
The RLFSC is a member of the "Learn to Skate USA" program

Group Lessons

Group lessons kick off on **Sunday, October 8th, 2023** and run through most of January. Group lessons for skaters in Snowplow Sam, Basic levels, and Freestyle levels take place on Sunday afternoons from 3:15 pm–6:30 pm. A schedule will be provided detailing exact class times. All **new** skaters may opt to sign up just for the month of October to see if they like it before committing to the entire season. Anyone that continues skating after the month of October will be locked in to the entire Regular Session. You have the option of participating in the Show Session. The Show Session will start on January 28th, 2024. If you do not want to be in the show, your lessons and commitment will be done on January 21st. **Skaters of ALL levels are welcome and encouraged to participate in the spring show!**

- **RLFSC skaters planning to skate in our annual show may not represent any other skating club in any competition, show, or exhibition. By signing up for our Show Session, you acknowledge that you agree to this policy.**

Evaluations

Skill Evaluations will be performed by our coaching staff every five weeks (**11/5, 12/10, and 1/21**). Every effort will be made to continuously challenge each skater even if they are "stuck" in a level working to master a required skill. It is very important not to rush skaters. When your child passes a level, he/she will receive a badge and information on their new class time. **IMPORTANT REMINDER:** The Learn to Skate levels are not designed to be passed quickly – most skaters will need, on average, 6-8 weeks or more to complete a level. The focus should be on skill development and confidence, rather than a race to complete levels. Parents, please be supportive and encouraging no matter what pace your skater is advancing at. Questions about evaluations should be discussed with your skater's coach, our Director, or Coaches' Chair.

Private Lessons

We also offer private lessons on Saturday mornings as long as our coaches have capacity. Private lessons allow for a 15, 20 or 30 minute one-on-one session with coach and skater. Prices and times vary with each coach. **If you plan to enter any competitions, you must enroll in private lessons on Saturdays – please let Mindy or Anne know if you are interested in this!** You do not need to compete in order to sign up for private lessons, but lesson priority will go to those skaters who will be competing. These private lessons are available Saturday mornings from 7:30 am - 9:00 am. Private lessons are \$55 per month for the ice time, **plus** your coach fee. Private Lesson Ice may also be purchased as a buy-on option Saturday mornings at a rate of \$18.00 per time + coach fee if a lesson is scheduled.

IMPORTANT REMINDERS ...

EACH family is important as we all work together to provide a fun, motivating skating experience for our skaters! There are many jobs that will need to be done throughout the season, and we will ask for volunteers to assist us with many ongoing tasks over the next few months. Some jobs may include:

Monthly Meat Raffles
Costume Measuring
Show Decorations

Show Program Advertisements
Show Week Pizza Party
Fall Clothing Sales

National Skating Month Activities
Picture Day
Show Lobby Decorations

Various other tasks that may come up throughout the season

For updated information throughout the season: www.rlfsc.org
General club e-mail: RLFSClub@gmail.com